



LurraLife™ 5-Day Kick Start Sample Pack



Kick start your healthy life by losing 5 pounds in 5 days! The LurraLife 5-Day Kick Start Sample Pack gets you started fast with products designed to work synergistically and holistically with the body – boosting energy, fat-burning, focus, and mood while reducing food cravings, fatigue, and brain fog.

At LurraLife we're on a mission to help you get in the best shape of your life, for the rest of your life. By doing the LurraLife 5-Day Kick Start, you're taking the first step to losing that unwanted weight and getting your life back in a healthy balance. People around the world have renewed their commitment to healthy living and being fit using our products. We feel honored to be part of their transformation and look forward to being part of yours too. It all begins with a conscious decision to start, and the LurraLife 5-Day Kick Start is a powerful tool that can help you take that first, important step towards a happy, healthy life.

Contents

The LurraLife 5-Day Kick Start Sample Pack contains:

- 10 capsules of LurraFit™ natural energy and appetite control formula (for two servings each day)
- 2 sachets of Dr. Miller's Detox Tea™ (makes a gallon of prepared tea)



Directions

1. The day before you plan to start, prepare Dr. Miller's Detox Tea™. (Follow directions on tea package.)
2. In the morning 30 minutes before eating, drink 1 cup of the prepared tea and take 1 LurraFit™ capsule.
3. In the afternoon 30 minutes before eating, drink 1 cup of the prepared tea and take 1 LurraFit™ capsule.
4. Drink 1 cup of the prepared tea at your leisure throughout the day.
5. Repeat steps 2-4 daily for 5 days.
6. Then start the LurraLife 21-Day Cycle Pack to reach and maintain your healthy weight and active lifestyle goals.

You too can look, feel, and perform your best!

Get started today. Order your LurraLife 5-Day Kick Start from www.lurralife.com.

LurraLife 5-Day Kick Start Sample Pack

PRODUCT DETAILS

LurraFit™ capsules

ALL-DAY NATURAL ENERGY AND APPETITE CONTROL

Enjoy all-day energy and appetite control with LurraFit™. Each capsule is packed with powerful nutrient complexes made of super foods, herbal extracts, medicinal mushrooms, and vital minerals. The nutrient-rich formula releases a steady stream of natural energy in the body – tapping into the brain’s reward system (dopamine receptors) to help increase energy and concentration, curb food cravings, and facilitate weight loss. (Contains ~140 mg caffeine.) *Caution: Contains ~140 mg caffeine**.

Supplement Facts	
Serving Size: 1 capsule	
Amount Per Serving	% DV
Mental Clarity & Focus Complex L-Tyrosine, Caffeine, Bacopa monnieri extract, N, N-Dimethylphenethylamine, Yohimbe bark extract, L-theanine, Rhodiola rosea, Yerba mate extract	310 mg **
Adaptogenic Mushroom Complex Ganoderma extract, Cordyceps, Chaga, Lions mane	100 mg **
SuperFoods Complex Acai berry, Aonnia berry, Camu camu, Maniá berry, Noni berry	100 mg **
Oxygen Transport Complex Ferrous fumarate, ferrous sulfate, OmniMinAC Trace mineral blend	70 mg **
Black pepper extract	2.5 mg **
Vitamin B1 150%	Vitamin B6 250%
Vitamin B2 100%	Vitamin B12 3,000%
Vitamin B3 75%	Vitamin B9 100%
Vitamin B5 250%	Iron 50%

**Daily Value (DV) not established.
Other ingredients: Pharmaceutical-grade gelatin (FD&C natural dyes, 100% Kosher and Halal certified & inspected)

Dr. Miller’s Detox Tea™

DR. MILLER’S ORIGINAL HOLY TEA® + ORGANIC HERBAL BLEND

Detox, cleanse, and lose weight naturally with Dr. Miller’s Detox Tea™. Regular use of this unique 100% organic, caffeine-free herbal tea has been found to improve overall well-being and digestive health. Plus, it can promote weight loss more effectively than Chinese green tea. Proudly made from Dr. Bill Miller’s original Holy Tea+® blend based on over twenty-five years of research and clinical use. *Caution: Contains cathartic herbs.

Nutrition Per Serving	
Serving size: 3 grams	
Protein.....	<1%
Fat.....	0%
Carbohydrate.....	0%
Calories.....	0%
USRDA IN %	
Vitamin A.....	<2%
Vitamin C.....	<2%
Riboflavin.....	<2%
Thiamine.....	<2%
Niacin.....	<2%
Sodium.....	<0.2%
Iron.....	<0.1%
Calcium.....	2.3%
Caffeine.....	0%

*Keep out of the reach of children. Not intended for use by persons under age 18. Do not use if pregnant or nursing. Always consult with your healthcare practitioner before taking this or any health supplement, especially if you are taking prescription medications, under a doctor’s medical care, or at risk for or have any illness or health condition.

**Do not use this product if you are at risk or are being treated for high blood pressure, stroke, heart, kidney, thyroid, or psychiatric disease, anxiety, depression, or seizure disorders.

These statements have not been evaluated by the U.S. Food and Drug Administration. Products are not intended to diagnose, treat, cure, or prevent any disease or medical condition. The information is provided for informational purposes. Results may vary. You may not experience the same benefits from using this product.