



## My10kLife Smart Fitness Band

The My10kLife Smart Fitness Band is a wireless wearable device designed to track activity/steps, weight, calories burned, heart rate, sleep, and more. The sleek, stylish wristband tracker sports the LurraLife logo and is lightweight, water resistant, and easy to use.

### Key Features / Functions:

- All-Day Activity Tracker: Track your steps taken, distance, and active minutes.
- All-Day Calorie Counter: See how many calories you've burned throughout the day.
- Automatic Sleep Tracker: Automatically track your sleep time and quality.
- 24/7 Heart Rate Monitor: Be informed by 24-hour static heart rate monitoring.
- Sedentary Position Reminder: Get reminders to move more during your day.
- Personal Goal Tracker: Set personal goals, monitor progress, and see your trends.
- Other features/functions include: Time and date display, vibration alarm clock, automatic recognition when goals are hit, wrist sense activation automatic display, water resistant, lightweight, and rechargeable USB battery that can last for several days with 24-hour use.



You also can access the dashboard online at [my10klife.joinwell.com](http://my10klife.joinwell.com) (use the “sign in” fields in the upper right corner).

The My10kLife Smart Fitness Band retails at half the price of comparable Fitbit. It is available exclusively to LurraLife Associates in the [lurralife.com](http://lurralife.com) Back Office.

Please note, this device is manufactured by WELL to accompany LurraLife's My10kLife fitness tracking and rewards program. But this device is not required to participate in the My10kLife program.

